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# LSR 9

Protect yourself from energy sources, de-energise, isolate & tag.

## RISK

Stored energy and electricity usually cannot be seen. This could increase the risk of a fatal outcome. Energy can include electrical, weight, mechanical, fluid (air, gas, oils etc) and kinetic (chains, falling objects, tie-downs and straps).

## WHERE THIS RISK MAY APPLY TO YOU:

- > Working on or near hazardous energy (electricity, high pressure fluids or gases, stored energy);
- > Working on or around equipment under load;
- > If someone else controls the energy source.

## PERSONAL BEHAVIOURS

- > I can consider the types of hazardous energies when doing a job through my Risk Assessment Activity.
- > I can make sure I do not perform work without checking that the energy source has been isolated or had a controlled release.
- > I can attach my personal lock & tag when isolating hazardous energies
- > I can make sure I **NEVER** remove someone else's personal lock & tag.
- > I can check for isolation effectiveness before starting a job.